

**Powerhouse Gym Lakeside
44605 Schoenherr
Sterling Heights, Mi. 48313
(586) 726 0995**



The facility was completely remodeled in 2001 with new cardiovascular equipment (over 40 pieces), dumbbells & high quality, name-brand machines. Also offered are:

- Weight loss programs
- Weight gain programs
- Men's and Women's locker rooms and saunas
- Personal training
- A large free-weight area
- Tons of free-weights
- Tanning
- Juice Bar and Pro Shop



**State of Michigan employees & immediate family
members will pay \$ 299.00 for membership upon
showing their state ID card. (Regular price is \$468.00)**